

# SUMMIT FOR SOLDIERS

## FOR IMMEDIATE RELEASE

Summit For Soldiers/Mountain Goats, Inc. (501c3)  
C. Michael Fairman, Co-Founder  
205 West Henderson Rd, Columbus, Ohio, 43214  
(614) 732-2397 / (614) 314-5829  
mike@summitforsoldiers.org  
www.summitforsoldiers.org



*Awareness...*

*Simplicity...*

*Encouragement...*

## National PTSD Awareness Campaign to Kick-Off in Ohio

COLUMBUS, OHIO - December 30, 2008

On 17 Jan 2009 at Ohio's "highpoint" in Bellefontaine, "**Summit For Soldiers**" will be launching a Nationwide Awareness Campaign that will visit the highest points of all 50 States to bring attention to a silent killer known as Post Traumatic Stress Disorder.

Our goals are to inform and educate veterans, families and communities on the facts about PTSD and the resources/treatments available to them. To work with military units along with the public to reduce the stigma associated with PTSD and "encourage" a safe, non-threatening environment for soldiers to seek attention. And to promote programs and resources that provide "simplified" access for ALL of our veterans. Most importantly we want to make certain that all this information is reaching those who need it most, our troops.

This endeavor will revolve around reaching the highest elevation of each state, from Florida at 345 ft to Mount McKinley at 20,320 ft; fewer than 200 people have accomplished this goal.

Please join us from 1:00-3:00pm in the Auditorium of Hi-Point Career Center to learn more about PTSD and to hear from guest speakers of various Veterans organizations including Patient Advocacy Representative and wounded OIF veteran, Glenn Minney from the Chillicothe VA. (Glenn was wounded in Iraq while serving with Columbus based Lima Company.) Following the meeting we will walk the short distance to the highest point in Ohio to raise our flag and kick-off this endeavor. Representatives from State and City Government will be in attendance, and the invitation is open to the general public.

"**Summit For Soldiers**" is the project of Mountain Goats, Inc (a non-profit outdoor adventure organization.) The founders of this organization are avid climbers, mountaineers and veterans with over 30 years of combined military service, and this project is dedicated to our military brothers and sisters.

Point of Contact: C. Michael Fairman (co-founder, former Presidential Medical Staff and Navy Corpsman, Lima Co. 3/25) (614)732-2397

For additional information please visit our website at [www.summitforsoldiers.org](http://www.summitforsoldiers.org).

###